



## **INTENSE PULSED LIGHT**

### **PRE TREATMENT CONSIDERATIONS**

- Discontinue sun tanning (includes tanning beds and self-tanner cream) 4 weeks before and after treatment. This will minimize the risk of skin colour & pigment changes.
- Refrain from tweezing, bleaching, waxing, sugaring, electrolysis, and any other epilation (hair removal) methods for up to 4 weeks prior to treatment and for duration of treatment. (Shaving is ok)
- Area should be shaved or closely clipped prior to pulsed light hair reduction treatments.
- Discontinue use of exfoliating creams (specifically those containing Retin A) 2 weeks prior to treatment and during entire course of the treatment.
- Removal of make-up and creams at the treatment site.
- Full disclosure of (and where relevant discontinuation of) any light sensitive medications.
- Full disclosure and explanation of treatment objective, explanation of desired results and potential contraindications and post treatment instructions provided, and consent for authorized by client.

Initial: \_\_\_\_\_